



REAL TALK

Small Group Discussion Questions

For a Faith-Based Audience



Faith-Based Small Group Questions

Lesson - I'm Valuable



1. **Why is a FOUNDATION important for:**
 - a. A building?
 - b. Dating?
 - c. Life?
 - d. What are YOU “building”?
 - e. Will it **still stand** when storms come?

2. **When you think about the word, FOUNDATION, what do you, Christian, usually think of? Look up:**
 - a. **1 Cor 3: 11**- *“For no one can lay any foundation other than the one already laid, which is Jesus Christ..”*
 - b. **Luke 6:48-49** - *“They are like a man building a house, who dug down deep and laid the foundation on rock. When a flood came, the torrent struck that house but could not shake it, because it was well built. But the one who hears My words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete.”*
 - c. What could these scriptures imply/mean regarding a romantic relationship?

3. **Why must a follower of Christ understand they ALREADY HAVE VALUE?**
 - a. You're made in His image! (Gen 1:27)
 - b. You are His child! (1John 3:1-2; Gal 3:26)

4. **Why are growing ‘deep roots’, like a tree, important in a relationship?**
 - a. **Jer 17:8** - *They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”ves stay green, and they never stop producing fruit.*
 - b. **Matt 13:21** - *Since they don't have deep roots, they don't last long. They fall away as soon as they have problems or are persecuted for believing God's word.*
 - c. **Eph 3:17** - *Then Christ will make His home in your hearts as you trust in Him. Your roots will grow down into God's love and keep you strong.*

Faith-Based Small Group Questions

Boundaries Part 1 - Developing a Game Plan



1. What is God's "Game Plan" for you? Discuss the following scripture verses:
 - a. **Jer: 29:11** - (NIV) *"For I know the **plans** I have for you," declares the Lord, "plans to **prosper you and not to harm you, plans to give you hope and a future.**"*
 - b. **Psalms 33:11** - (NIV) *"But the **plans** of the Lord stand firm FOREVER, the purposes of His heart through all generations."*
 - c. **Psalms 20:4** - *"May HE give you the desire of your heart and make all your **plans** succeed."*
 - d. **Prov 16:3**: *"Commit to the Lord whatever you do, and HE will establish your plans."*

2. How does following/obeying instructions of any kind of "Game Plan" help a person?
 - a. On the court, field?
 - b. At school?
 - c. At work?
 - d. In life?

3. What seems to happen when we don't follow/obey God's plan(s)? What do the following verses seem to say:
 - a. **Isaiah 30:30** - *"Woe to the obstinate children," declares the Lord, "to those who carry out plans that are NOT MINE...."*
 - b. **2Tim 3: 2-9** - *"People will be lovers of themselves,, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous rash, conceited, lovers of pleasure rather than lovers of God - having a "form" of godliness but denying its power."*
 - c. **Psalms 107:10** - *"Some sat in darkness, in utter darkness, prisoners suffering in iron chains, because they rebelled against God's commands and despised the plans of the Most High."*

Faith-Based Small Group Discussion Questions

Boundaries Keep You S.S.A.F.E. - Part 2



1. Find Scripture that tells you WHO's the source of your protection.
 - a. **Psalm 18:2** - *The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.*
 - b. **Psalm 28:7** - *The Lord is my strength and my shield; my heart trusts in Him, and He helps me.*
 - c. **Psalm 32:7** - *You are my hiding place; You will protect me from trouble and surround me with songs of deliverance.*
 - d. **2 Thess 3:3** - *But the Lord is faithful and He will strengthen you and protect you from the evil one.*

2. Describe a time when you realized God protected you. At that time, did you think it was God protecting you or did you think you were "lucky"?

3. Describe a time when you experienced a 'peaceful feeling' knowing you had made the right decision. Was it God guiding your decision or did you alone make the decision?

4. Why should you care about dating another person that is spiritually compatible with you? Look up these verses:
 - a. **Deut. 22:10** - *Do not plow with an ox and a donkey yoked together.*
 - b. **2 Cor 6:14** - *Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? What harmony is there between Christ and Belial? Or what does a believer have in common with an unbeliever?*

Faith-Based Small Group Questions

Date Well - Part 1



1. With this scripture in mind, how could it apply to your dating life: **Matt. 10:16** - *"I am sending you out like sheep among wolves. Therefore, be as shrewd as snakes and as innocent as doves. Be on your guard...."*

- a. Is this a warning of what could happen?
- b. Who are the sheep? Who are the wolves?

2. Looking at this scripture, **Mark 7:21** - *For it is from within, out of a person's heart, that evil thoughts come - sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly.*

- a. Do **"these evils"** show up early in a dating relationship?
- b. How can you discover the condition of someone's heart?
 - i. Take them to church or youth group
 - ii. Find out what's most important to them; least important
 - iii. Have different types of dating experiences, to learn how they naturally react. Go for a hike vs. movie; concert vs. football game.

3. Read this story: **Gen 24: 12-22** - (Issac praying for a wife-Rebekah)

- a. What do you learn about God?
 - i. HE had "CHOSEN" a wife for Isaac.
- b. What do you learn about Rebekah?
 - i. She's quick to respond to Isaac's request - implied generosity because she offered water to his camels; she was very beautiful, and a virgin.
- c. What do you learn about Isaac?
 - i. He's praying to God for a woman; he was "watching and waiting" to learn whether or not this woman was from the Lord.
- d. How should we think about finding that life-long best friend?
 - i. Pray to the Lord and ask God to make them known.
 - ii. Watch and wait for a sign that this IS the person from God to you!

Faith-Based Small Group Questions

Break Up Well - Part 2



1. **Knowing the other person is also made in the image of God, discuss the following scriptures and discuss HOW your conversation should go in letting the other person know you are no longer interested in dating them.**
 - a. **Col 3:12** - *Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.*
 - b. **Col 3:13** - *Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.*
 - c. **Eph 4:29-32** - *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

2. **Does it honor God, as a child of the King, to talk about your 'dates' with others in negative ways, ever? Discuss the following:**
 - a. **Prov 20:19** - *A gossip betrays confidence; so avoid anyone who talks too much.*
 - b. **1 Tim 3: 11** - *In the same way, the women are to be worthy of respect, not malicious talkers but temperate and trustworthy in everything.*
 - c. **Matt 23:12** - *For those who exalt themselves will be humbled, and those who humble themselves will be exalted.*