



TEEN ADDICTION RESOURCES

Take your Life Back and Declare Freedom NOW!

....let your fingers do the dialing....



Fightthenewdrug.org



Tel:1-888-910-2373

National Rehabs Directory

-by American Addiction Centers

<https://www.rehabs.com/>

Tel:1-888-497-9821

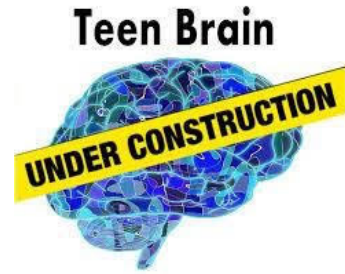
National Suicide Prevention Lifeline

Tel:1-800-273-8255

ESSENTIALSPEAKERS.COM



UNDERSTANDING THE TEEN BRAIN & ADDICTION



What have you learned?

Mark as either True or False:

TRUE

FALSE

1. The teen brain is MORE susceptible to outside influences than an adult brain.
2. The LAST part of the brain to develop is the prefrontal cortex, which is responsible for impulse control and decision making.
3. SCIENCE has shown there is a biological evidence why some teenagers act the way they do.
4. **90%** of addicts began “using” when they were teenagers.
5. A scan of a healthy brain and a scan of a compulsive user of pornography, MIRRORS that of a drug addicts brain.

Fill in the blank:

6. Deep inside the brain is a r_____ c_____, which releases “pleasure chemicals” into the brain to reward the user with a “high” or “excitable” feeling.
7. This “pleasure chemical” released into the brain is called d_____.
8. As long as dopamine is saturating the brain, the user will want to r_____ the behavior or substance, again and again.
9. Seeking more and more of that substance or behavior to produce that “good” feeling is called a_____.
10. Advanced brain imaging has revealed the teenage brain has lots of p_____, which means it can **change, adapt and respond to its environment**. You want to be really good at something? **NOW** is the time to learn and practice your new skill.

STUDENT NAME: _____

DATE: _____